

## FOOTPATHS OF THE HOLY MOUNTAIN



### FROM VATOPEDI TO THE SKETE OF AGIOS DEMETRIOS

Distance: 2.4 km

Journey Time: ¾ hour

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**At the beginning this pleasant journey passes through the gardens and orchards of *Vatopedi Monastery*. Then the path (partly *kalderimi*) continues through forest following the courses of streams.**

**Note:** All distances given (in metres) should be taken as approximate. The route described is liable to unpredictable change: for example, forestry work, road or track construction and plant growth may alter the route, or its appearance. Signposts may disappear or new ones appear. The Friends of Mount Athos strives to keep this description correct and up to date but cannot take responsibility for its accuracy.

**Abbreviations:** L = Left; R = Right; KSO = Keep straight on;  
FP = Footpath; K = *Kalderimi* (stone-paved FP or track)

#### Description of Route:

Walk (m)   And then . . .

- 0   Leave gate of ***Vatopedi Monastery*** and turn L along paved road, with monastery on L.
- 100   After covered well on L, take R fork down road, initially *K* then track.  
Another road joins from back R. KSO, now with orchard on L, close to river bank.
- 560   Turn L onto FP.
- 120   FP emerges at track. Turn R along track.
- 80   At junction KSO (signed) parallel to river bank.
- 260   Turn L onto FP (partly *K*). FP soon cross an empty area and then continues through forest, following course of stream.
- 920   Arrive at ***Kellion Genneseos Theotokou*** ("the Birth of the Mother of God"). KSO on FP which bends R, descending. Cross stream and continue, now ascending.
- 360   Arrive at the main entrance of the abandoned ***Skete of Agios Demetrios***.

This description has been produced by ***The Friends of Mount Athos***, a charitable organisation which, among other activities, works with monasteries to keep this, and certain other footpaths on the Holy Mountain, open. Copies of this and similar descriptions are available, free, from the Friends website, [www.athosfriends.org](http://www.athosfriends.org) and in a number of places on or associated with the Holy Mountain.