



FOOTPATHS OF THE HOLY MOUNTAIN

FROM THE SKETE OF AGIOS DEMETRIOS TO VATOPEDI

Distance: 2.4 km Journey Time: $\frac{3}{4}$ hour

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At the beginning this pleasant journey descends through forest, following historic *kalderimi* and the courses of streams. It then passes through the gardens and orchards of *Vatopedi Monastery*.

Note: All distances given (in metres) should be taken as approximate. The route described is liable to unpredictable change: for example, forestry work, road or track construction and plant growth may alter the route, or its appearance. Signposts may disappear or new ones appear. The Friends of Mount Athos strives to keep this description correct and up to date but cannot take responsibility for its accuracy.

Abbreviations: L = Left; R = Right; KSO = Keep straight on;
FP = Footpath; K = *Kalderimi* (stone-paved FP or track)

Description of Route:

Walk (m) And then . . .

- 0 Leave gate of the abandoned ***Skete of Agios Demetrios***. Descend on *K* and cross stream. FP (*K*) then ascends and bends L.
- 360 Arrive at ***Kelion Genneseos Theotokou*** ("the Birth of the Mother of God"). KSO on descending FP parallel to fence. FP follows course of stream.
- 920 FP emerges at track. Turn R along track parallel to river bank.
- 260 At junction KSO.
- 80 Turn L onto FP.
- 120 FP emerges at track. Turn R along track with orchard on R.
After end of orchard, bear R at fork, uphill with stone wall on R. ***Vatopedi Monastery*** soon visible ahead.
- 560 *K* road joins from R just before covered well on R. KSO.
- 100 Arrive at the gate of ***Vatopedi Monastery***.

This description has been produced by ***The Friends of Mount Athos***, a charitable organisation which, among other activities, works with monasteries to keep this, and certain

other footpaths on the Holy Mountain, open. Copies of this and similar descriptions are available, free, from the Friends website, www.athosfriends.org and in a number of places on or associated with the Holy Mountain.