2013 Men’s New England Division III
Indoor Track & Field Championships

Last Minute Instructions

Packet Pick-up: Will be at the Check In table located by the track cage at the run out of the sprint lanes. Packets will be available for pick up 9:00am on Saturday, or during the Heptathlon on Friday.

Competitors Numbers: All athletes must wear their competitor numbers. Field event athletes may wear the number on either the front or back. All track athletes should wear the number on the front. Heptathletes must show their number at check in but are not required to wear them.

Check In: All track event athletes must check in 20 minutes prior to the scheduled start of the event. Check in is located by the track cage at the run out of the sprint lanes. Hip numbers will be distributed at check in. Field event athletes must check in at the event site.

Relay Cards: Blue relay cards are included in all the team packets. Relay cards must be turned in at the Check In area at least 20 minutes prior to the scheduled start of the event. Relay personnel can be changed up to the start of the event but changes should also be reported to the check-in personnel.

Protest Forms: Orange protest forms are included in your team packet. Any protests must be submitted in writing using this form and turned into the announcer within 30 minutes of the results being posted or announced. Protests will be acted upon by the meet referee with consultation with the games committee if needed. Referee’s decision is final.

Implement Weigh In: Located by the big red garage door adjacent to the runout of the sprint lanes. Weigh in will be held from 9:30 am-10:15 am. Both 35lb Weights and Shots must be certified at this time.

Spike Restrictions: Only Pyramid spikes will be allowed on the track, ¼” maximum length. NO pin, needle or Christmas tree spikes will be allowed. Spikes must be checked at check in and by field event officials at check in.

Awards: The top eight finishers in each event will receive All-New England Certificates. The top 3 individuals in each event will receive medals that will be placed in each team’s result packet. The top 3 teams will be presented championship trophies 10 minutes after the completion of the final event. Coaches please pick up Award packets at the end of the meet.
**Results:** Results and heat sheets will be posted on the wall at the entrance to the hallway. Result packets will be maintained throughout the meet and complete results should be available 10 minutes after the conclusion of the final event.

Full results will be available on the Web as soon as possible following the meet at the following URL:  http://www.bates.edu/x153860.xml

**Infield Procedures:** The infield must be kept clear throughout the meet. Only competing athletes and officials will be allowed on the infield. There will be a coaches area established for each field event. Only one coach of a competing athlete in that event will be allowed in those areas. These areas will be designated by garnet benches. **No electronics** anywhere on the infield.

**Bleachers:** Absolutely no spikes allowed on the wooden bleachers inside Merrill Gym. Sections of the wooden bleachers will be marked and reserved for spectator seating. Also the silver bleacher closest to the “Joe Woodhead All-American Throwing Area” is also reserved for spectators and not available for team camps.

**Training Room:** The Bates College training room will be open before, during and after the meet. Bates will have a trainer on site in the track and in the training room located straight down the hall on the right.

**Parking:** Parking will be very limited. Busses will be allowed to drop off at Merrill Gym and then directed to an off-site lot. Vans will be allowed to park at the meet site.

**Concessions:** Meet programs, additional heat sheets and food will be on sale in the Lobby adjacent to the main entrance to the track. Admission will be charged for all spectators.