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TRACK AND FIELD All-Conference - April 28, 2009

FOR IMMEDIATE RELEASE

2009 NESCAC TRACK AND FIELD ALL-CONFERENCE TEAM ANNOUNCED ***Tufts' Crane, Williams' Johnson Share Top Honors; Hamilton's Kosgei Repeats as MOP***

HADLEY, Mass. – Following the completion of the 2009 NESCAC Men's and Women's Track and Field Championships, the league has announced the 2009 NESCAC All-Conference Team. The top three finishers in each event during the championship, hosted by Connecticut College on April 25, receive All-Conference recognition.

Juniors Logan Crane (Portland, Maine) of Tufts and Elise Johnson (Cleveland, Ohio) of Williams shared the Sebasteanski Award as the Most Outstanding Female Performer as determined by the conference coaches. Crane repeated as champion in both the 100-meter Dash along with the Long Jump, posting a time of 12.67 in the dash while setting a personal record in the Long Jump with a distance of 5.64 meters. She also placed fourth in the 200-meter Dash and was a part of the Jumbos' 4x100-meter Relay team that came in second. Johnson won the 100-meter Hurdles in 14.70, was the runner-up to Crane in the 100-meter Dash with a time of 12.68, and was also second in the 200-meter Dash with a season-best time of 25.85. Johnson was the lead leg of the Ephs' championship-winning 4x100-meter Relay team.

After sharing the men's award last year, Hamilton junior Peter Kosgei (Kapsabet, Kenya) claimed the Sebasteanski Award as the Most Outstanding Male Performer outright this spring. Kosgei repeated as NESCAC champion in both the 800-meter and 1500-meter Runs, smashing the meet record in the 800 he set a year ago with a time of 1:50.44. Kosgei, who also holds the championship record in the 1500, turned in a 3:53.74 performance in the 1500 this past weekend.

Rookie Most Outstanding Performer honors went to Trinity first year Sarah Ciarleglio (Waterbury, Conn.) and Middlebury freshman Mike Schmidt (Wilmette, Ill.). Ciarleglio won the Javelin Throw with a mark of 43.08 meters, nearly five meters more than the runner-up in the event. Schmidt claimed individual honors in the 10000-meter Run, out-distancing the rest of the field by just under four seconds.

Women's Coach of the Year was shared by Middlebury's Martin Beatty and Williams' Fletcher Brooks. A 1984 graduate of Middlebury, Beatty is currently in the midst of his 22nd season at the helm of the Panther track and field teams. He previously garnered Coach of the Year on the men's side in 2005. Brooks, who was also named 2009 Men's Coach of the Year, is in his first season at Williams, as he guided the men's squad to their 15th outright championship in the past 17 years while the women won their 10th-straight title and 18th overall. Beatty's Panthers finished second in the women's championship behind the Ephs.

2009 NESCAC Track & Field All-Conference Team

WOMEN

Amherst

Hoiwan Cheung 4x800-meter Relay
Molly Friedman 4x800-meter Relay
Eliza Schalch 4x800-meter Relay
Melissa Sullivan 4x800-meter Relay
Susan Wasserman 400-meter Hurdles

Bates

Isabel Alexander 400-meter Hurdles
Vantiel E. Duncan Shot Put, Discus Throw
Sara Ellen Godek Hammer Throw
Dana Lindauer 400-meter Dash
Jen Marino Triple Jump

Bowdoin

Shemeica Binns Discus Throw
Kelsey Borner Discus Throw, Javelin Throw
Ali Chase 4x800-meter Relay
Molly Duffy 4x400-meter Relay
Grace Kerr 4x800-meter Relay
Haley MacKeil 4x400-meter Relay
Elsa Millett 200-meter Dash, 400-meter Dash, 4x400-meter Relay
Alison Pilon 4x400-meter Relay
Dana Riker 4x800-meter Relay
Jessica Sokolow 4x800-meter Relay

Colby

Devan FitzPatrick 5000-meter Run
Brianna Kondrat Hammer Throw
Danielle Sheppard High Jump

Connecticut College

Faye McKenna 10000-meter Run
Jill Sergi 5000-meter Run

Hamilton

Lauren Peters-Collaer High Jump

Middlebury

Jen Brenes 100-meter Hurdles, 4x100-meter Relay, Long Jump
Grace Close 4x400-meter Relay
Kelley Coughlan Triple Jump
Margo Cramer 3000-meter Steeplechase
Laura Dalton 4x400-meter Relay
Nicole Dvorak Pole Vault
Rebecca Fanning 800-meter Run, 4x800-meter Relay
Emer Feighey Pole Vault
Jen Katz 4x100-meter Relay
Katy Magill 4x400-meter Relay
Mia Martinez 100-meter Hurdles
Anne Rowell 100-meter Dash, 4x100-meter Relay
Kaitlyn Saldanha 800-meter Run, 4x800-meter Relay
Sophia Spring 4x800-meter Relay
Erin Toner 4x800-meter Relay
Alice Wisener 400-meter Hurdles, 4x100-meter Relay, 4x400-meter Relay

Trinity		Connecticut College	
Sarah Ciarleglio	Javelin Throw	Brian Murtagh	3000-meter Steeplechase
Laura Komarek	Shot Put	Alex Samma	Triple Jump
Tufts		Douglas Wright	5000-meter Run
Logan Crane	100-meter Dash, 4x100-meter Relay, Long Jump	Hamilton	
Paula Dormon	Shot Put	Greg Fullman	400-meter Hurdles
Julia Feltus	Hammer Throw	Peter Kosgei	800-meter Run, 1500-meter Run
Andrea Ferri	4x100-meter Relay	Joshua Orndorff	Shot Put
Nakeisha Jones	4x100-meter Relay	James Russell	Pole Vault
Stephanie McNamara	1500-meter Run, 5000-meter Run	Middlebury	
Sarah Nolet	High Jump	Addison Godine	4x400-meter Relay
Halsey Stebbins	4x100-meter Relay	Ethan Mann	4x400-meter Relay
Heather Theiss	Pole Vault	Michael Schmidt	10000-meter Run
Amy Wilfert	1500-meter Run	Connor Wood	4x400-meter Relay
Wesleyan		Micah Wood	400-meter Dash, 4x400-meter Relay
Ravenna Neville	10000-meter Run	Trinity	
Williams		Sam Moorhead	800-meter Run
Julia Cohan	Javelin Throw	Sam Pegram	Long Jump
Elizabeth Danhaki	800-meter Run	Brendan Powers	800-meter Run
Mary Feeley	10000-meter Run	Tufts	
Kelsey Ham	400-meter Dash, 4x100-meter Relay	Jared Engelking	110-meter Hurdles, Javelin Throw
Emily Heaslip	4x400-meter Relay	Jesse Faller	1500-meter Run
Hillary Higgs	200-meter Dash, 4x100-meter Relay	Alex Gresham	Hammer Throw
Kylie Huckleberry	4x400-meter Relay	Sam Read	Pole Vault
Elise Johnson	100-meter Dash, 200-meter Dash, 100-meter Hurdles, 4x100-meter Relay	Phillip Rotella	100-meter Dash, 200-meter Dash
Kanku Kabongo	Triple Jump	Nick Welch	3000-meter Steeplechase
Anne Kerth	4x400-meter Relay	Wesleyan	
Olga Kondratjeva	1500-meter Run	Jonah Blumstein	10000-meter Run
Robin Kuntz	3000-meter Steeplechase	Chris Coleman	Distance Medley Relay
Shawna McArdle	4x100-meter Relay	Chris Foster	Distance Medley Relay
Meghan Shea	3000-meter Steeplechase	Tommie Lark	Long Jump, Triple Jump
Sara Turner	Long Jump	Brad Litchfield	Distance Medley Relay
Sara Wild	4x400-meter Relay	Mike Moody	Javelin Throw
MEN		Justin Spring	Distance Medley Relay
Amherst		Williams	
William Bell	Distance Medley Relay	Joseph Buck	400-meter Hurdles, 4x400-meter Relay
Kit Callahan	Distance Medley Relay	John Chaffee	1500-meter Run
Peter Foote	3000-meter Steeplechase	Rusty Cowher	Discus Throw
Anthony Fuller	4x100-meter Relay, 4x400-meter Relay	Matt Farley	Hammer Throw
Sean Legister	4x100-meter Relay	Taylor Fitzgerald	200-meter Dash, 400-meter Dash, 4x100-meter Relay
Tommy Moore	4x100-meter Relay, 4x400-meter Relay	Richard Fusco	4x400-meter Relay
Daniel Murner	5000-meter Run	Alex Hoerman	400-meter Dash
Andrew Reed	4x100-meter Relay, 4x400-meter Relay	Eric Jonash	4x100-meter Relay, High Jump
Stephen Stewart	4x400-meter Relay	Samuel McManama	4x400-meter Relay
Jimmy Swanson	Distance Medley Relay	Pierre Meloty-Kapella	100-meter Dash, 4x100-meter Relay
Will Yochum	Distance Medley Relay	Viktor Nagy	4x100-meter Relay, 4x400-meter Relay
Bates		Isaac Nicholson	High Jump
Jerome Bennett	Pole Vault	Anthony Raduazo	10000-meter Run
Candido Bousquet	Long Jump, Discus Throw	Steve Rubin	Triple Jump
Troy Calandra	Distance Medley Relay	Matt Sullivan	110-meter Hurdles, 400-meter Hurdles
Peter Corcoran	Distance Medley Relay	Men's Most Outstanding Performer:	
Thomas Esponnette	Distance Medley Relay	Peter Kosgei, Hamilton	
Richard McNeil	Shot Put, Discus Throw, Hammer Throw	Women's Most Outstanding Performers:	
Christopher Murtagh	Javelin Throw	Logan Crane, Tufts; Elise Johnson, Williams	
Ryan Quinn	Distance Medley Relay	Men's Most Outstanding Rookie Performer:	
Bowdoin		Mike Schmidt, Middlebury	
Luke Fairbanks	Shot Put	Women's Most Outstanding Rookie Performer:	
Tim Fuderich	4x100-meter Relay	Sarah Ciarleglio, Trinity	
Damon Hall-Jones	100-meter Dash, 200-meter Dash, 4x100-meter Relay	Men's Coach of the Year:	
Kyle Hebert	4x100-meter Relay	Fletcher Brooks, Williams	
Ike Irby	110-meter Hurdles	Women's Co-Coaches of the Year:	
Chris Martin	High Jump	Martin Beatty, Middlebury; Fletcher Brooks, Williams	
Thompson Ogilvie	5000-meter Run		
Zach Winters	4x100-meter Relay		