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FOR IMMEDIATE RELEASE

## WOMEN'S SWIMMING AND DIVING All Conference - Feb. 22, 2011

## WOMEN'S SWIMMING AND DIVING ALL CONFERENCE TEAM ANNOUNCED

## Amherst's Stern Named Swimmer of the Meet for Third Time

HADLEY, Mass. - The NESCAC announced today the 2010-11 Women's Swimming and Diving All-Conference Team. The top three finishers in each event at the 2011 NESCAC Women's Swimming and Diving Championships received All-Conference recognition.

For the third time in her career, Amherst senior Kendra Stern (Albuquerque, N.M.) was chosen as the Swimmer of the Meet. Stern joins Williams great Lindsay Payne as the only two individuals in meet history to garner Swimmer of the Meet three times. During the NESCAC championships this past weekend, Stern won the 100, 200, and 500-yard Freestyle events for the fourth year in a row, setting a new meet standard in both the 200 and 500. Stern also participated on four Jeff relay squads, helping each place among the top three teams. She was also recognized as the Four-Year High Point Swimmer. Diver of the Meet and the Four-Year High Point Diver went to senior teammate Meggie Meisinger (St. Louis, Mo.). Meisinger took home her first individual conference crowns on the 1- and 3-meter diving boards.

NESCAC Swimming Coach of the Year honors were bestowed upon Marc Benvenuti of Connecticut College for the third time. Benvenuti shared the award in 2007 after winning it outright in 2006. The Camels were fourth overall at this year's championship. Kit Callahan-Koch was recognized as the conference's Diving Coach of the Year. It's the fourth career award for Callahan-Koch, who last earned it 2004.

AMHERST	
Lulu Belak	400-yard Freestyle Relay
Brooke Bennett	200-yard Freestyle Relay, 400-yard Freestyle Relay,
	800-yard Freestyle Relay
Abby Hahn	200-yard Breaststroke, 400-yard Medley Relay
Audrey Ingerson	1,000-yard Freestyle

Rebecca Kelley 50-yard Breaststroke, 100-yard Breaststroke Lizzie Linsmayer 1-meter Diving 50-yard Butterfly, 200-yard Freestyle Relay,

Allison Merz 400-yard Medley Relay

1-meter Diving, 3-meter Diving Meggie Meisinger 800-yard Freestyle Relay Suzi Stein

100-yard Freestyle, 200-yard Freestyle, Kendra Stern 500-yard Freestyle, 200-yard Freestyle Relay, 400-yard Freestyle Relay, 800-yard Freestyle Relay, 400-yard Medley Relay

200-yard Backstroke, 400-yard Medley Relay **Emily Swett** 

Becca Thompson 800-yard Freestyle Relay

200-yard Freestyle Relay, 400-yard Freestyle Relay Katie Vincett

**BATES** 

Kara Leasure 200-yard Breaststroke

Amanda Moore 50-yard Breaststroke, 100-yard Breaststroke

COLBY

Chelsea Heneghan 200-yard Freestyle

**CONNECTICUT COLLEGE** 

Rachel Bohn 200-yard Medley Relay Erika Fernandes

50-yard Freestyle, 50-yard Butterfly,

200-yard Breaststroke, 200-yard Freestyle Relay, 200-yard Medley Relay

200-yard Medley Relay, 400-yard Medley Relay Katie Karlson

Mackenzie Lilly 800-yard Freestyle Relay

400-yard Medley Relay, 800-yard Freestyle Relay, Caitlin Munns

400-yard Medley Relay

200-yard Freestyle, 500-yard Freestyle, Sarah Murphy 200-yard Butterfly, 200-yard Freestyle Relay,

400-yard Freestyle Relay, 800-yard Freestyle Relay,

400-yard Medley Relay

200-yard Freestyle Relay, 400-yard Freestyle Relay, Julia Pielock 800-yard Freestyle Relay, 200-yard Medley Relay

Jessica Schanzer 200-yard Freestyle Relay, 400-yard Freestyle Relay,

400-yard Medley Relay

**HAMILTON** 

50-yard Freestyle, 100-yard Freestyle Megan Gibbons Maggie Rosenbaum 50-yard Backstroke, 100-yard Backstroke,

200-yard Backstroke

**MIDDLEBURY** 

Rachael Curtiss 50-yard Backstroke

Andie Tibbetts 50-yard Backstroke, 100-yard Backstroke,

200-yard Backstroke

**TUFTS** 

Courtney Adams 200-yard Medley Relay

100-yard Butterfly, 200-yard Medley Relay Mia Greenwald 50-yard Breaststroke, 100-yard Breaststroke, Jenny Hu

200-yard Medley Relay

1,000-yard Freestyle, 1,650-yard Freestyle Megan Kono

KJ Kroetch 200-yard Medley Relay

**WILLIAMS** 

Erin Altenburger 1,000-yard Freestyle, 1,650-yard Freestyle,

200-yard Freestyle Relay

Oliva Card-Childers 200-yard Freestyle Relay

Carolyn Geller 50-yard Freestyle, 100-yard Freestyle, 200-vard Freestyle Relay, 400-vard Freestyle Relay,

200-yard Medley Relay, 400-yard Medley Relay

Kathryn Ha

100-yard Butterfly, 200-yard Butterfly,

200-yard Medley Relay

800-yard Freestyle Relay Jillian Hancock Rebecca Maher 400-yard Medley Relay Ryan McChesney 800-yard Freestyle Relay McKenzie Murdoch 1-meter Diving, 3-meter Diving

Stephanie Nguyen 100-yard Backstroke, 400-yard Medley Relay

200-yard IM, 400-yard IM, 400-yard Freestyle Relay Katherine O'Leary Bonnie Patchen 200-yard IM, 400-yard IM

Ellen Ramsey

200-yard IM, 800-yard Freestyle Relay

Kelsey Roggensack 400-yard Freestyle Relay

**Taylor Stevens** 3-meter Diving

50-yard Butterfly, 100-yard Butterfly, Logan Todhunter

200-yard Butterfly, 200-yard Freestyle Relay, 400-yard Freestyle Relay, 200-yard Medley Relay,

400-yard Medley Relay

Lizzy Visconti 200-yard Medley Relay

500-yard Freestyle, 1,650-yard Freestyle, 400-yard IM, Caroline Wilson

800-yard Freestyle Relay