

www.nescac.com

Dan Fisher Assistant Director, NESCAC

100 Venture Way - Box 13 Hadley, MA 01035 P: (413) 587-2078 F: (413) 587-2167 daniel.fisher@trincoll.edu

SWIMMING & DIVING Weekly Release #7 - Feb. 9, 2009

FOR IMMEDIATE RELEASE

Men's Swimming & Diving Performer of the Week Max Goldstein, Bowdoin

(Senior - Santa Monica, Calif.)

Goldstein earned three individual victories in the Polar Bears' win over Colby on Saturday. Goldstein took the 200-yard butterfly (1:59.8), the 200-yard breaststroke (2:14.7) and the 400-yard IM (4:16.4).

Notes: The 2009 NESCAC Men's Swimming & Diving Championships will be held Feb. 27-March 1 at Wesleyan University. Williams earned the 2008 conference crown over Tufts, the seventh crown in the past eight years for the Ephs... Amherst freshman Tim White (Centerpoint, N.Y.) claimed three individual wins in the Lord Jeffs' 173-125 victory over Springfield on Saturday. White placed first in the 500-yard freestyle (4:46.90), the 200-yard backstroke (2:00.67) and battled two other teammates for a 1-2-3 finish in the 200-yard IM (2:00.26)...Williams senior Jeremy Goldstein (Palo Alto, Calif.) finished second in the 500 and 1,000-yard freestyle events at MIT this past weekend, posting times of 4:53.8 and 10:04.9, respectively. Both times were season-bests.

Women's Swimming & Diving Performer of the Week

Katelyn Drake, Bates

(Junior - Hudson, Ohio)

Drake posted a new program and pool record in the 400-yard medley relay with a time of 57.68 against Connecticut College and Wellesley over the weekend. She also won the 200-yard freestyle (1:56.5) and the 100-yard backstroke (58.3). Drake anchored the 200-yard freestyle relay team, turning in a leg of 24.2.

Notes: The 2009 NESCAC Women's Swimming & Diving Championships will take place on Feb. 20-22 at Bowdoin College in Brunswick, Maine. Williams has won eight consecutive titles, most recently claiming the 2008 crown over Middlebury... Williams freshman Carolyn Geller (Great Neck, N.Y.) won the 200-yard freestyle at MIT over the weekend in 1:56.5. Her time of 59.97 in the 100-yard butterfly was good enough for second. Both times were season-bests.