



2009 SKIING CHAMPIONSHIPS

NATIONAL COLLEGIATE • BETHEL/RUMFORD, MAINE

March 11-14, 2009

Hosted by:



Bates | College



Sunday River®



www.bates.edu/ncaaskiingchampionships

Bates | College

September 15, 2008

Dear Coaches,

Bates College is most pleased and proud to host the 2009 NCAA Men's and Women's Skiing Championships and to partner with two of Maine's outstanding skiing venues: Sunday River in Bethel and Black Mountain in Rumford. Having just staged the NCAA Men's Tennis Championships this past May, we at Bates are certainly mindful of what a tremendous honor it is to host an event of this magnitude as well as of the significant impact that the Championships have on the participants, the spectators and the communities where the competitions take place. We will do everything in our power to provide the best-run championship and to exhibit the signature warmth and hospitality for which Bates College is known.

Please find enclosed the first of two general information mailings about the 2009 Skiing Championships that you will receive to help you plan your visit to Maine. Additionally, you can find the information on the Bates website at www.bates.edu/ncaaskiingchampionships. In the meantime, if you have any questions, please don't hesitate to call any of the staff listed on the enclosed key contacts form.

Best wishes for the upcoming Ski season and Bates College looks forward to seeing you here in March.

Sincerely,

Kevin McHugh
Director of Athletics



Bates | College

September 15, 2008

Dear Coaches,

Bates College is thrilled to once again welcome you to our great state of Maine as we host the 2009 NCAA Men's and Women's Skiing Championships at Sunday River in Bethel and Black Mountain in Rumford, Maine. We are excited to have the most talented student athletes from around the country visit our state and compete on our trails. Bates College, Sunday River, Black Mountain and the surrounding communities look forward to an exciting week filled with great competitions and wonderful memories.

Attached you will find the first of two informational packets you will receive to assist you in planning for the event. This year for the first time all information packets will be sent out electronically. You will also be able to access this information through the championships website located at www.bates.edu/ncaaskiingchampionships. This website will be available in mid-October.

In this packet you will find schedules, contact information, course maps, lodging and general area information to make your stay in Maine the best it can be.

If you have any questions please feel free to contact us.

Best of luck as you prepare for the season ahead. We look forward to having you all in Maine!

Becky Woods
rwoods@bates.edu
207-786-6339

Rogan Connell
rconnell@bates.edu
207-786-6346



2009 NCAA Skiing Championships Key Contacts

NCAA Championship Staff/ NCAA Ski Committee

Mark Bedics	NCAA Staff Liaison
Drew Galbraith	NCAA Skiing Committee Chair
Bruce Cranmer	University of Colorado, Boulder
Cory Schwartz	University of New Hampshire
Andy Leroy	University of Denver
Scott Jerome	University of Alaska - Fairbanks
Rogan Connell	Bates College

Bates College

Kevin McHugh	AD	207-786-6341	kmchugh@bates.edu
Gwen Lexow	Asst. AD/Tournament Director	207-786-6362	glexow@bates.edu
Rogan Connell	Head Alpine Coach	207-786-6346	rconnell@bates.edu
Becky Woods	Head Nordic Coach	207-786-6339	rwoods@bates.edu
Dan Loman	Asst. Alpine Coach	207-755-5952	dloman@bates.edu
Jordi St. John	Asst. Nordic Coach	207-755-5954	jstjohn@bates.edu
Andy Walter	Sports Information Director	207-786-6411	twalter@bates.edu
Mike Verville	Director of Sports Medicine	207-786-6359	mvervill@bates.edu
Carol Carpentier	Administrative Assistant	207-786-6341	ccarpent@bates.edu

Sunday River – Alpine Venue

Abby Blackburn	Competition and Events	207-824-5261	ablackburn@sundayriver.com
Bear Bryant	Competition and Events	(W)207-824-5041 (M)603-493-4280	bbryant@sundayriver.com

Chisholm Ski Club – Nordic Venue

Roger Arsenaault	Race Organizer/Chisholm Ski Club	207-364-3719	cecfuel@adelpia.net
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Official Host Hotel

Kevin Rosenberg	Sunday River Leisure Sales Manager	207-824-5895	krosenberg@sundayriver.com
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2009 NCAA Skiing Championships Schedule of Events

Sunday, March 8, 2009

12pm – 5pm – Registration (Grand Summit)
4pm – NCAA Ski Committee Meeting (Grand Summit)

Monday, March 9, 2009

8am – 5 pm – Registration (Grand Summit)

Alpine Training - (Obsession)

8:30am – 11am – Western Region (GS)
11am – 1:30pm – Eastern Region (GS)
1:30pm – 3:30pm – Eastern/Western Regions (SL)

Nordic Training

8am – 2pm – Unofficial Nordic Training (Classical and Freestyle)

4pm - NCAA Ski Committee/Officials Meeting (Grand Summit)
5 pm –NCAA Issues Meeting - (Grand Summit)(Optional)

Tuesday, March 10, 2009

Alpine GS Training (Obsession)

9am – 12 noon – Eastern Region
12 noon – 3 pm – Western Region

Nordic Training

8am – 2pm – Nordic Training (Classical and Freestyle)

3pm - NCAA Ski Committee Meeting (Grand Summit)
4pm – Coaches Meeting (Grand Summit)
6pm – Banquet (Grand Summit)

Wednesday, March 11, 2009

Alpine GS Race (Obsession)

9am – Women's GS (Run to completion)
12:30 pm – Men's GS (Run to Completion)
Flower Ceremony (immediately following)

Nordic Training

8am – 2pm – Nordic Training (Classical)

4:30pm – NCAA Ski Committee Meeting (Grand Summit)
5:00pm – Coaches Meeting (Grand Summit)



Thursday, March 12, 2009

Nordic Races (Rumford)

10am – Men's 10 km Classical

12 pm – Women's 5 km Classical

Flower Ceremony (immediately following)

Alpine SL Training (Obsession)

9am – 11am – SL training session #1 (East/West)

11am – 1pm - SL training session #2 (East/West)

1pm – 3pm - SL training session #3 (East/West)

4:30pm – NCAA Ski Committee Meeting (Grand Summit)

5pm – Coaches Meeting (Grand Summit)

Friday, March 13, 2009

Alpine SL Race Schedule (Obsession)

9am – Men's SL (1st run)

10:15am – Women's SL (1st run)

12:15pm – Men's SL (2nd run)

1:30pm – Women's SL (2nd run)

Flower Ceremony (immediately following)

Nordic Training

8am – 2pm (Freestyle)

4:00pm – NCAA Ski Committee Meeting (Grand Summit)

5:00pm – Coaches Meeting (Grand Summit)

Saturday, March 14, 2009

Nordic Races (Rumford)

10am – Women's 15 km Freestyle (mass start)

12pm – Men's 20 km Freestyle (mass start)

Flower Ceremony (immediately following)

2pm – Awards Ceremony and BBQ



2009 NCAA Skiing Championships Unofficial Training

Alpine

For teams wishing to train prior to the start of official training on March 9th, 2009, training space may be arranged by contacting Abby Blackburn in the Competition and Events department at 207-824-5261 or ablackburn@sundayriver.com

Training tickets will be available at a cost of \$35

Hill space will be available at the following rates:

SL: Half day - \$200, Full day - \$350

GS: Half day - \$250, Full day - \$400

Costs may be shared by teams training together.

All unofficial training arrangements should be made 10 days prior to arrival.

Nordic

For those teams arriving early, Black Mountain will be open to the public prior to the start of official training on Tuesday, March 8. Courses may not be marked and may or may not be groomed. Please check in at the lodge to purchase tickets before going onto the trail system. We appreciate your cooperation.



2009 NCAA Skiing Championships

Alpine Venue Fact Sheet - Sunday River Ski Area

Trails:

Giant Slalom:

Course Name: Obsession

FIS Homologation: 6436 / 346 / 01

Start Elevation: 732m

Finish Elevation: 354m

Vertical Drop: 378m

GS Warm-up: White Heat

Slalom:

Course Name: Obsession

FIS Homologation: 6437 / 347 / 01

Men's Start Elevation: 574m

Men's Finish Elevation: 354m

Men's Vertical Drop: 220m

Women's Start Elevation: 554m

Women's Finish Elevation: 354m

Women's Vertical Drop: 200m

SL Warm-up: White Heat and Upper Obsession



2009 NCAA Skiing Championships

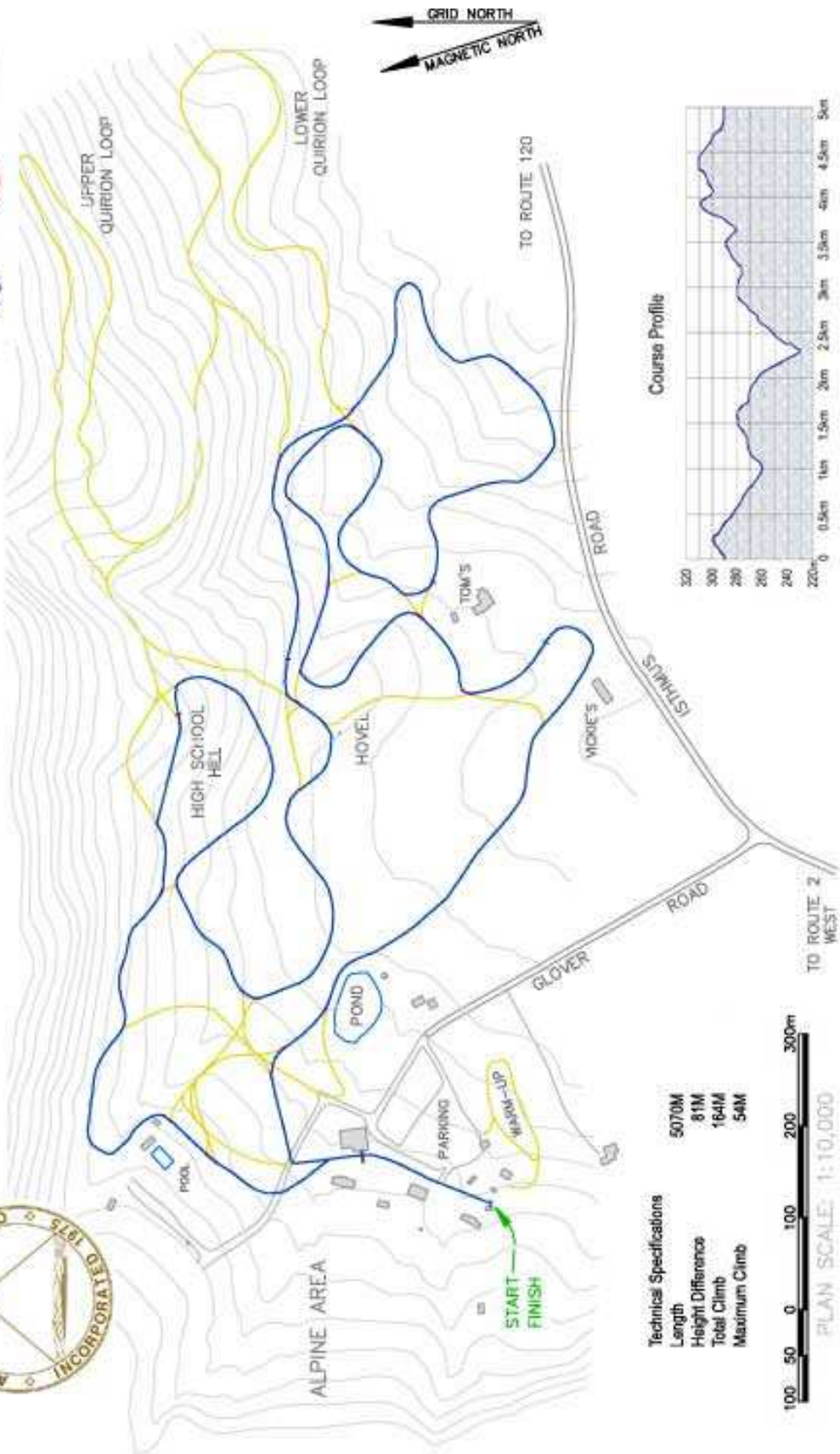
Nordic Venue Fact Sheet - Black Mountain/Chisholm Ski Club

- Course:** 2 - 5 km courses. All courses are USSA and FIS homologated.
- Race Headquarters:** Race headquarters available to the NCAA staff with copying, phone, fax and Internet access available.
- Training:** Courses will be ready and available beginning Monday March 9, 2008.
- Waxing Building:** New wax building is available with 15 separate wax cabins heated and properly ventilated with adjacent common area for team comfort. New this year are outdoor electrical outlets adjacent to the parking lot and the course.
- Parking:** Parking available with close access to venue and Race Headquarters.
- Base Lodge:** Lodge available to athletes and spectators with concessions and ski shop available.



2009 Skiing Championships Women's 5km and Men's 10km Course 5km Loop

BLACK MOUNTAIN OF MAINE RAY'S 5KM CROSS COUNTRY COURSE

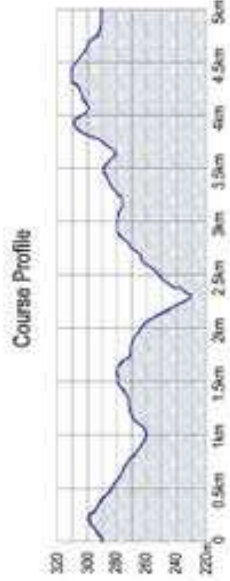


Technical Specifications

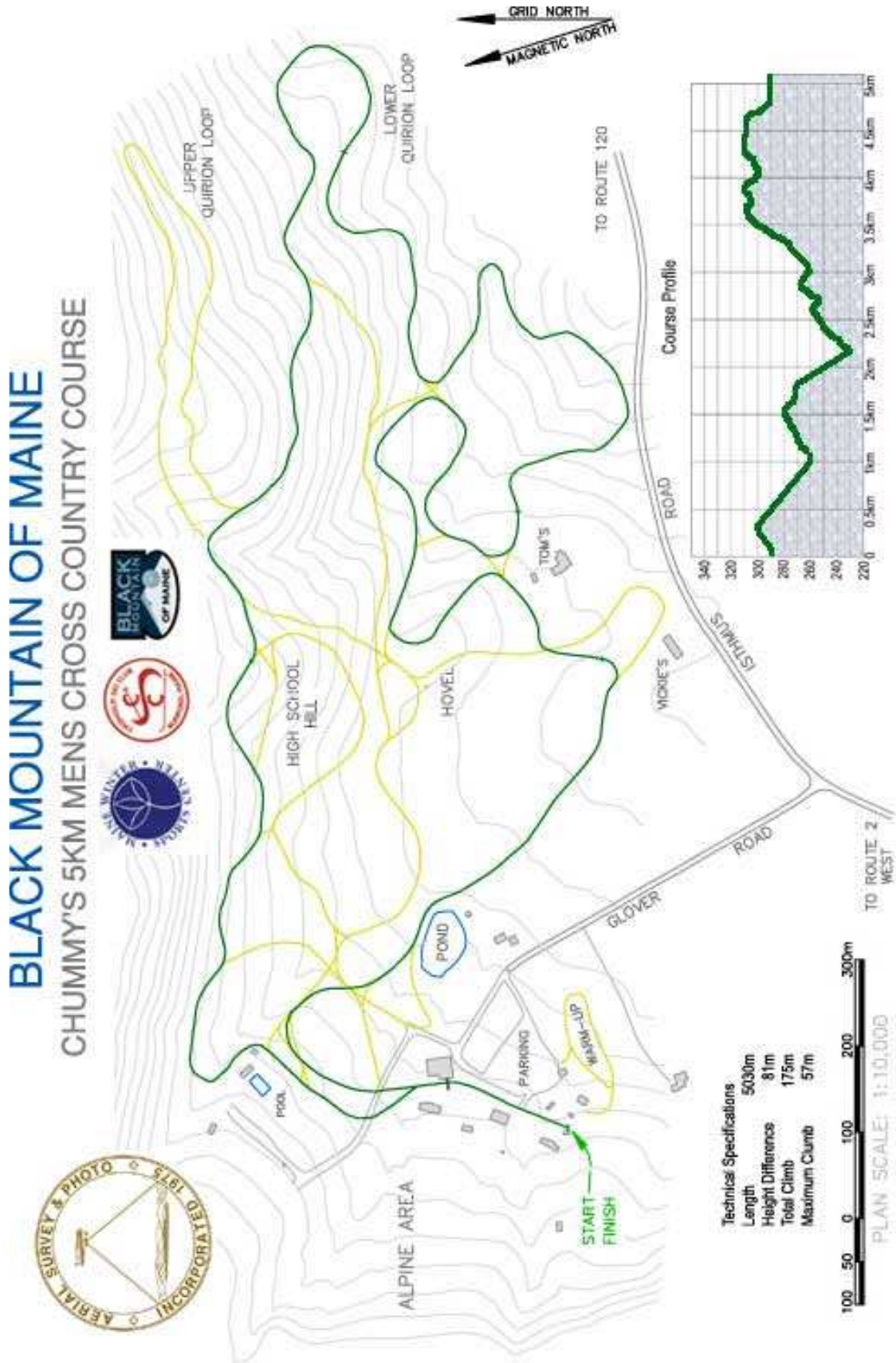
Length	5070M
Height Difference	81M
Total Climb	164M
Maximum Climb	54M



PLAN SCALE: 1:10,000



2009 Skiing Championships Women's 10km and Men's 20km Course 5km Loop



2009 Skiing Championships

Travel Information

Airports

Portland International Jetport

Location: Portland, ME

Distance to site: 74 miles (approximately - 1:45 hours)

Airlines: Airtran, Continetal, Delta, JetBlue, Northwest, United Express, US Airways

Manchester – Boston Regional Airport

Location: Manchester, NH

Distance to site: 170 miles (approximately – 3 hours)

Airlines: Air Canada, Continental, Delta, Comair, Northwest, Southwest, United, US Airways

Logan Airport

Location: Boston, MA

Distance to site: 170 miles (approximately – 3 hours)

Airlines: Air Canada, AirTran, Alaska Airlines, America West, American, Continental, Delta Air Lines, JetBlue Airways, Midwest, Northwest, Spirit Airlines, United, US Airways

Directions to Bethel/Sunday River

Maine

Portland Jetport / Portland, ME

Exit the Jetport and follow signs to I-95, the Main Turnpike. Take I-95 North to Exit 63 / Gray for Route 26. Take Route 26 North to Bethel. Follow Rt. 2 East for 2.6 miles. Take a left onto Sunday River Road, marked by the large Sunday River Brewery (big building with red roof). Follow Sunday River Road to a fork with a "Sunday River Ski Resort" sign. Fork left and follow signs for the Grand Summit Resort Hotel, base lodges, and amenities (1 mile).

New Hampshire

Manchester – Boston Regional Airport - Manchester, NH

Take I-93 North to Exit 35 / Twin Mountain for Route 3. Take Route 3 North to Route 115 North. At the end of Route 115, go right on Route 2 East all the way to Bethel. Follow Rt. 2 East for 2.6 miles. Take a left onto Sunday River Road, marked by the large Sunday River Brewery (big building with red roof). Follow Sunday River Road to a fork with a "Sunday River Ski Resort" sign. Fork left and follow signs for the Grand Summit Resort Hotel, base lodges, and amenities (1 mile).

Massachusetts

Logan International Airport - Boston, MA

Take Route 60 North to Route 1 North to I-95 North. Take I-95 North into Maine. Follow I-95 / Maine Turnpike to Exit 63 / Gray for Route 26. Take Route 26 North to Bethel. Follow Rt. 2 East for 2.6 miles. Take a left onto Sunday River Road, marked by the large Sunday River Brewery (big building with red roof). Follow Sunday River Road to a fork with a "Sunday River Ski Resort" sign. Fork left and follow signs for the Grand Summit Resort Hotel, base lodges, and amenities (1 mile).



Directions – Bethel, ME to Black Mountain, Rumford, ME

- From Bethel, Maine, go East on US-2 toward Rumford. Go 22 miles
- At the bottom of Falls Hill, turn sharp left onto Spruce St. by the Food Trend store in Rumford. Go .4 mile
- Continue straight onto Swain Road. Go 1.8 miles
- Turn sharp Right onto Isthmus Road. Go 1.9 miles 5. Turn sharp Left onto Glover Road. Go 300 feet to Black Mountain of Maine.



Rental Car Companies

Portland International Jetport

Alamo	1-800-GOALAMO www.goalamo.com	207-775-0855
Avis	1-800-230-4898 www.avis.com	207-874-7500
Budget	1-800-527-0700 www.drivebudget.com	207-772-6789
Hertz	1-800-654-3131 www.hertz.com	207-774-4544
National	1-800-CAR-RENT www.nationalcar.com	207-773-0036

Manchester-Boston Regional Airport

Alamo	(800) 462-5266 (603) 627-2299
Avis	(800) 831-2847 (603) 624-4000
Budget	(800) 527-7000 (603) 668-3166
Dollar	(800) 800-4000 (603) 626-4962
Enterprise	(800) 736-8222 (603) 606-5114
Hertz	(800) 654-3131 (603) 669-6320
National	(800) 227-7368 (603) 627-2299
Thrifty	(800) 367-2277 (603) 668-3854
U-Save	(800) 880-4500 (603) 624-6627

Boston Logan International Airport

Alamo
www.goalamo.com
(800) 327-9633

Enterprise
www.enterprise.com
(800) 325-8007

Avis
www.avis.com
(800) 831-2847

Hertz
www.hertz.com
(800) 654-3131

Budget
www.budget.com
(800) 527-0700

National
www.nationalcar.com
(800) 227-7368

Dollar
www.dollar.com
(800) 800-4000

Thrifty
www.thrifty.com
(800) 367-2277



2009 Skiing Championships

On – Mountain Lodging

The Grand Summit Hotel (NCAA Skiing Headquarters)

Snow Cap Inn and Dorm

Sunday River Condominiums

The Jordan Grand Hotel

For all on-mountain lodging please contact:

Kevin Rosenberg
Sunday River Leisure Sales Manager
(P) 207-824-5895 (F) 207-824-5116
krosenberg@sundayriver.com



**2009 NCAA Skiing Championships
Off-Mountain Lodging**

The Bethel Inn Resort

On the Common
P.O. Box 49
Bethel, ME 04217
800-654-0125
207-824-2175
Fax:
207-824-2233
[email](#)
[website](#)
[Book online](#)
Contact: Dianna Polly
Waxing: available

River View Resort

357 Mayville Road
Bethel, ME 04217
888 224 8413
207 824 2808
Fax:
207 824 6808
[email](#)
[website](#)
[Book online](#)
Contact: Irene McGrew
Waxing available

Blue Iris Motor Inn

1405 US Route 2
Rumford Center, ME 04276
800-601-1515
207-364-4495
[email](#)
[website](#)
Contact: Jean DeSalle
Waxing: Available

Mahoosuc Mountain Lodge

1513 Bear River Road
Newry, ME 04261
207.824.2073
Fax:
207.824.3784
[email](#)
[website](#)
Contact: Polly Mahoney
Waxing: available

Sudbury Inn

151 Main Street
PO Box 369
Bethel, ME 04217
800 395 7837
207 824 2174
Fax:
207 824 2329
[email](#)
[website](#)
[Book online](#)
Contact: Scott Davis

Norseman Inn & Motel

134 Mayville Rd.
Rte. 2
Bethel, ME 04217
1-800-824-0722
207-824-2002
Fax:
207-824-0640
[email](#)
[website](#)

Inn at the Rostay

186 Mayville Rd
Bethel , ME 04217
1-888-754-0072
207-824-3111
[email](#)
[website](#)
[Book online](#)
Contact: Kathleen
Thrall
Waxing: Available

Sunday River Inn

23 Skiway Rd
Newry, ME 04261
207-824-2410
Fax:
207-824-3181
[email](#)
[website](#)

Chapman Inn

2 Church ST.
P.O. 1067
Bethel, ME 04217
877 359 1498
207 824 2657
Fax:
207 824 7152
[email](#)
[website](#)
[Book online](#)

www.bethelmaine.com



2009 Skiing Championships Condos and Houses

Swan's Apartments

171 Main Street
PO Box 1056
Bethel, ME 04217
207.824.4836
Fax:
207.824.4838

Bethel Area Reservation Service

P.O. Box 1247
8 Station Place
Bethel, ME 04217
800.442.5826
207.824.3585
Fax:
207.824.7123

Boardwalk Inn

867 Route 120
Rumford, ME
04276
207 364 2746

Hastings Suites

2 Main Street
Bethel, ME 04217-0997
800-535-2220
207-824-4500
Fax:
207-824-0555

Maine Street Rentals

20 Railroad Street and 120 Sunday River Road
P.O. Box 910
Bethel, ME 04217
888.827.0414
207.824.2114 and 824.0884
Fax:
207.824.2448

New England Vacation Rentals

PO Box 141
Bethel, ME 04217
877-637-3684
508-432-0900
Fax:
508-432-0922

Pine Haven

22 & 24 Pine Haven Lane
Bethel, ME 04217
978-621-2970
Fax:
781-231-5704

Rentals In The Mountains

One Parkway, Suite 203
P.O. Box 595
Bethel, ME 04217
207.824.2255
Fax:
207.824.2259

Sunday River Estates II

53 Sunday River Road
Bethel, ME 04217
781-320-0904
Fax:
781-320-1585



**2009 NCAA Skiing Championships
Dining**

Bethel's Best-Pizza Grille & Dairy Bar

Rt. 2
'just west of the village' across from Steam Mill Antiques
Bethel, Maine
Call 207-824-3192 for Delivery.

DiCocoa's Market Bakery / Cafe DiCocoa

119 Main Street- MARKET
125 Main Street- CAFE DiCOCO
Bethel, ME 04217
207.824.5282/824-6386

Home Slice Pizza

177 Main Street
Bethel, ME 04217
207-824-4700

Hungry Harry's Ice Cream & Burger Bar

190 Main Street (corner of Main & Cross)
Bethel, ME 04217
207.824.4002

Kowloon Village Chinese Restaurant

Mountain View Mall, Lower Main St
Bethel, ME 04217
207-824-3707

L'Auberge Bistro

15 L'Auberge Lane
to the right of the Fire Station
Bethel, ME 04217
800-760-2774
207-824-2774

Liam's Restaurant & Pub

96 Sunday River Road
Bethel, ME 04217
207.824.6755

Matterhorn Ski Bar

Sunday River Road
Newry, ME 04261
207-824-6836
Fax:
207-824-0608

Pat's Pizza Family Restaurant

PO Box 127
37 Mayville Rd.
Bethel, ME 04217
207-824-3637

Phoenix House & Well

Sunday River Skiway Road
PO Box 73
Newry, ME 04217
207-824-2222
Fax:
207-824-2221

Rooster's Roadhouse

159 Mayville Road, Route 2
Bethel, Maine 04217
207-824-0309

S.S. Milton

43 Main St.
PO Box 385
Bethel, ME 04217
207.824.2589

Sudbury Inn Fine Dining

151 Main Street
PO Box 369
Bethel, ME 04217
800 395 7837
207 824 2174

Sunday River Brewing Company

Route 2 & Sunday River Rd
Bethel, ME 04217
207-824-4ALE (4253)

The Jolly Drayman

150 Mayville Road (Rt. 2)
P.O. Box 250
Bethel, ME 04217
877-311-1299
207-824-4717



BBQ Bob's Real Pit Barbeque

212 Mayville Road (Rt. 2)
PO Box 467
Bethel, ME 04217
207.824.4PIG (4744)

Cho Sun

141 Main Street
PO Box 264
Bethel, Maine 04217

Crossroads Diner

24 Mayville Road
Bethel, ME 04217
207-824-3673

Funky Red Barn

19 Summer Street, just off Main Street
behind Designs Florist and NAPA
P.O. Box 896
Bethel, ME 04217
207-824-3003

Gringo Harry's

Fall Line Condominiums
Sunday River Ski Resort
Newry, ME 04261
207.824.4000
Fax:
207824.4025



