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TRACK AND FIELD All-Conference - April 27, 2010

FOR IMMEDIATE RELEASE

NESCAC TRACK AND FIELD ALL-CONFERENCE TEAM ANNOUNCED

Johnson of Williams, McNeil of Bates Earn Sabasteanski Award as MOP

HADLEY, Mass. – Following the completion of the NESCAC Men's and Women's Track and Field Championships this past Saturday at Tufts University, the conference has announced the 2010 All-NESCAC Team. The top three finishers in each event during the championship receive All-Conference recognition.

Williams senior Elise Johnson (Cleveland, Ohio) of Williams was selected by the conference coaches for the Sabasteanski Award as the Most Outstanding Female Performer at the meet. Johnson, who shared the Sabasteanski Award last spring, won the 100-meter Hurdles for the third year in a row in a time of 14.70 seconds and came away with her first victory in the 100-meter Dash (12.56). She was also third in the 200-meter Dash (25.55) and was the lead leg for the Ephs' winning 4x100-meter Relay squad (48.42).

Senior Richard McNeil (Lawrence, Mass.) became the first individual from Bates to win the Sabasteanski Award as the Most Outstanding Male Performer since the tandem of Mike Danahy and Erik Zwick shared the honor during the Bobcats' 2000 NESCAC title performance. McNeil registered 28 points to help his squad finish third overall, as he repeated as champion in the Hammer Throw and also won the Shot Put. After winning the Discus Throw in each of the last two springs, he placed second this year to his freshman teammate, Jesse Chapman.

Rookie Most Outstanding Performer honors went to Stephen Simalchik (Danbury, Conn.) of Williams and Kelly Allen (Norton, Mass.) of Tufts. Simalchik shattered a 25-year-old conference record in the Javelin Throw with a distance of 65.86 meters. He was also fourth in the Hammer with a toss of 49.89 meters. Allen took first place at the meet with program-record marks in the Discus Throw (43.71 meters) and Javelin (36.74). She was also second in the Shot Put (12.38) and fifth in the Hammer (41.55), as all four performances were personal bests.

After sharing Women's Coach of the Year honors last year, Williams' Fletcher Brooks earned the honor outright this spring. The second year head coach guided the Ephs to their 10th consecutive and 18th overall NESCAC title. Men's Coach of the Year went to fifth year head coach Ethan Barron of Tufts. Barron's Jumbo squad finished second at the championship, just 12 points behind Williams. It is the fourth time in the last five years that the former NESCAC Most Outstanding Performer has won the league's top coaching honor (2006, 2007, 2008).

2010 NESCAC Track & Field All-Conference Team

WOMEN

Amherst

Lauren Almeida 4x800-meter Relay
Hoiwan Cheung 4x800-meter Relay
Sarah Daly 5000-meter Run
Sophia Galleher 3000-meter Steeplechase
Liza Schalch 4x800-meter Relay
Melissa Sullivan 1500-meter Run, 4x800-meter Relay

Bates

Vantiel Elizabeth Duncan Shot Put, Discus Throw, Hammer Throw
Ansley Flanagan 4x400-meter Relay
Sara Ellen Godek Hammer Throw
Lisa Hartung 4x400-meter Relay
Dana Lindauer 400-meter Dash, 4x400-meter Relay
Kristina Tobin 100-meter Hurdles, 4x400-meter Relay

Bowdoin

Emily Barr 4x100-meter Relay
Christine Head 4x100-meter Relay, Pole Vault
Michelle Kaufmann 100-meter Hurdles, 4x100-meter Relay
Elsa Millett 200-meter Dash, 400-meter Dash,
4x100-meter Relay
Laura Peterson Long Jump

Colby

Brittney Bell 400-meter Dash
Amanda Burgess 4x800-meter Relay
Claire Dunn 4x800-meter Relay
Kelly Foster Discus Throw

Colby (cont.)

Katrina Gravel 5000-meter Run
Emma Linhard 1500-meter Run, 4x800-meter Relay
Heather MacDonald 4x800-meter Relay
Danielle Sheppard High Jump
Amy Tortorello 10000-meter Run

Connecticut College

Marina Van der Eb Javelin Throw

Hamilton

Muriel Schwinn Long Jump

Middlebury

Danielle Baker Pole Vault
Cailey Condit 4x800-meter Relay
Margo Cramer 800-meter Run, 1500-meter Run,
4x800-meter Relay
Laura Dalton 400-meter Hurdles, 4x400-meter Relay
Anjuli Demers 4x400-meter Relay
Rebecca Fanning 800-meter Run
Andrea Ferri 400-meter Hurdles
Christina Kunycky Martin 4x800-meter Relay
Amanda Lee 3000-meter Steeplechase
Katy Magill 4x400-meter Relay
Juliette Ryan-Davis 4x400-meter Relay
Kaitlynn Saldanha 800-meter Run, 4x800-meter Relay
Addie Tousley 10000-meter Run

Trinity			
Laura Komarek	Shot Put		
Tufts			
Kelly Allen	Shot Put, Discus Throw, Javelin Throw		
Sam Bissonnette	4x100-meter Relay		
Dayorsha Collins	4x100-meter Relay, High Jump		
Logan Crane	4x100-meter Relay		
Julia Feltus	Hammer Throw		
Andrea Ferri	4x100-meter Relay		
Nakeisha Jones	Triple Jump		
Sarah Nolet	Javelin Throw		
Heather Theiss	Pole Vault		
Amy Wilfert	5000-meter run, 3000-meter Steeplechase		
Williams			
Rebecca Fine	4x400-meter Relay		
Maya Harakawa	4x400-meter Relay		
Hillary Higgs	100-meter Dash, 200-meter Dash, 4x100-meter Relay		
Tanasia Hoffer	100-meter Dash, 4x100-meter Relay, Long Jump, Triple Jump		
Elise Johnson	100-meter Dash, 200-meter Dash, 100-meter Hurdles, 4x100-meter Relay		
Olga Kondratjeva	4x400-meter Relay		
Nora Mitchell	400-meter Hurdles		
Karyn Moss	Triple Jump		
Julie Paschal	4x400-meter Relay, High Jump		
Ely Teitsworth	10000-meter Run		
Sara Turner	4x100-meter Relay		
MEN			
Amherst			
Ofori Amponsah	4x100-meter Relay		
Steven Corsello	800-meter Run, Distance Medley Relay		
Carlyle Eubank	10000-meter Run		
Andre Gary	4x400-meter Relay		
John McGrail	3000-meter Steeplechase		
Tommy Moore	4x400-meter Relay		
Daniel Murner	5000-meter Run		
Adron Pitmon	Distance Medley Relay		
Andrew Reed	4x100-meter Relay, 4x400-meter Relay		
Spencer Russell	4x100-meter Relay		
Ben Scheetz	400-meter Dash, 4x400-meter Relay		
Jimmy Swanson	Distance Medley Relay		
Thebe Tsatsimpe	Long Jump, Triple Jump, 4x100-meter Relay		
Will Yochum	1500-meter Run, Distance Medley Relay		
Bates			
Jerome Bennett	High Jump		
Pat Carroll	4x100-meter Relay		
Jesse Chapman	Discus Throw		
Mike Jiang	4x100-meter Relay		
Richard McNeil	Shot Put, Discus Throw, Hammer Throw		
Christopher Murtagh	Shot Put, Hammer Throw, Javelin Throw		
Ryan Quinn	4x100-meter Relay		
Ethan Waldman	Shot Put		
Tim Woods	4x100-meter Relay		
Bowdoin			
Sam Chick	4x400-meter Relay		
Colin Fong	Distance Medley Relay		
Matthew Gamache	4x400-meter Relay		
Kyle Hebert	200-meter Dash, 400-meter Dash, Distance Medley Relay		
Matt Hillard	Distance Medley Relay		
Mason Moss	Javelin Throw		
Thompson Ogilvie	1500-meter Run, Distance Medley Relay		
Brett Stein	4x400-meter Relay		
Riker Wikoff	4x400-meter Relay		
Colby			
Dominique Kone	100-meter Dash, 200-meter Dash		
David Lowe	400-meter Hurdles		
Trent Wiseman	Pole Vault		
Connecticut College			
Alex Samma	Triple Jump		
Middlebury			
Lou Cornacchione	Distance Medley Relay		
Jack Davies	3000-meter Steeplechase, Distance Medley Relay		
Adam Dede	Pole Vault		
Addison Godine	Distance Medley Relay		
Ethan Mann	4x400-meter Relay		
Michael Schmidt	10000-meter Run, Distance Medley Relay		
Mike Waters	4x400-meter Relay		
Connor Wood	4x400-meter Relay		
Micah Wood	4x400-meter Relay		
Trinity			
Mike Goulet	Discus Throw		
Tufts			
Gbola Ajayi	4x100-meter Relay		
Michael Blair	High Jump		
Lomie Cunningham	4x100-meter Relay		
Trevor Donadt	110-meter Hurdles, 400-meter Hurdles		
Jared Engelking	110-meter Hurdles		
Jesse Faller	5000-meter Run		
Alex Gresham	Hammer Throw		
Vinnie Lee	100-meter Dash, 200-meter Dash, 4x100-meter Relay		
Brad Nakanishi	Pole Vault		
Jeff Marvel	400-meter Dash		
Isaiah Paramore	Long Jump		
Marc Soskin	100-meter Dash, 4x100-meter Relay		
Williams			
Jabulani Blyden	110-meter Hurdles, 400-meter Hurdles		
Brian Cole	800-meter Run		
Richard Fusco	400-meter Dash		
Connor Kamm	1500-meter Run		
Tomas Kearney	Triple Jump		
Edgar Kosgey	5000-meter Run		
Isaac Nicholson	High Jump		
Anthony Raduazo	3000-meter Steeplechase		
Steve Rubin	Long Jump		
Stephen Simalchik	Javelin Throw		
Corey Watts	10000-meter Run		
Men's Most Outstanding Performer:			
Richard McNeil, Bates			
Women's Most Outstanding Performer:			
Elise Johnson, Williams			
Men's Most Outstanding Rookie Performer:			
Stephen Simalchik, Williams			
Women's Most Outstanding Rookie Performer:			
Kelly Allen, Tufts			
Men's Coach of the Year:			
Ethan Barron, Tufts			
Women's Coach of the Year:			
Fletcher Brooks, Williams			