
TRACK & FIELD Weekly Release #4 - April 19, 2010

FOR IMMEDIATE RELEASE

Men's Track Performer of the Week

Brian Cole, Williams

(Junior - St. Helena, Calif.)

Cole posted a time of 3:49.80 in the 1,500-meter run at the Larry Ellis Invitational hosted by Princeton over the weekend. Cole currently owns the top time in the nation in the event.

Men's Field Performer of the Week

Chris Murtagh, Bates

(Junior - Rowley, Mass.)

Murtagh accumulated 28 points with three second place finishes and a fifth place showing during the Maine State Championships this past weekend. He recorded a distance of 54.45 in the hammer throw, as the Bobcats came away with the state title.

Notes: **Bates** senior Rich McNeil took home individual honors in the shot put, the hammer throw, and discus throw at the Maine State Championships this past weekend...**Colby** freshman Trent Wiseman won the pole vault at the Maine State Championships with a mark of 4.70 meters. It is the best distance so far this spring by any NESCAC vaulter...**Middlebury** freshman Jack Davies posted a personal record in the 3,000-meter steeplechase last week with a time of 9:20.24...**Tufts** senior Jesse Faller completed the 5,000-meter run at the Larry Ellis Invitational in 14:17.10...**Williams** freshman Jabulani Blyden tallied 30 points for the Ephs at the Little Three Championships this past weekend by winning three events, the 400-meter dash, the 110-meter hurdles, and the 400-meter hurdles.

Women's Track Performer of the Week

Amanda Lee, Middlebury

(Junior - Lincoln, Neb.)

Lee finished the 3-kilometer steeplechase at the Princeton Invitational in a time of 11:09.23. She was the top Division III runner in the event.

Women's Field Performer of the Week

Tanasia Hoffer, Williams

(First Year - Cheshire, Conn.)

Hoffer recorded two first place finishes at the Little Three Championship over the weekend, taking the triple jump with a mark of 11.79 meters and the long jump with a leap of 5.23 meters. The Ephs won the meet with a score of 183 points.

Notes: **Amherst** senior Sophia Gallegher (Denver, Colo.) placed first in the 5,000-meter run at the Little Three Championship with a time of 17:27.15. The Jeffs completed the meet with 122 points...**Bates** senior Vantiel Elizabeth Duncan (Topsham, Maine) recorded two first place finishes to help the Bobcats win the Aloha Relays last week. Duncan was first in the hammer (53.06 meters) and also first in the shot put (13.58). She also recorded a distance of 34.55 meters in the discus, good enough for third...**Connecticut College's** Marina Van der Eb (Brookville, Maine) came in second in the javelin throw with a toss of 34.02 meters at the Silfen Invitational...**Hamilton** first year Muriel Schwinn (Auburn, Maine) was first in the 100-meter dash (12.71), second in the long jump (5.10 meters), and helped the Continentals' 4x100-meter team to a win during the Hamilton Invitational last week...**Middlebury** sophomore Margo Cramer (Seattle, Wash.) completed the 1,500-meter run in 4:35.02 at the Princeton Invitational...**Wesleyan** senior Ravenna Neville (Westfield, N.J.) placed second in the 5,000-meter run at the Little Three Championship with a time of 17:30.50. The Cardinals finished the meet in third with 84 points...**Williams** first year Julie Paschal (Painted Post, N.Y.) won the high jump at the Little Three Championship with a distance of 1.67 meters. Sophomore Hillary Higgs (Springfield, Mass.) took the 200- and 400-meter dashes with times of 25.94 and 59.82, respectively.