

2008 COLBY-BATES-BOWDOIN FOOTBALL SKILLS CLINIC

Saturday, July 26, 2008

LOCATION, DATE, AND TIME:

- Bates College
- Saturday, July 26, 2008
- 12 pm to 5 pm

CAMP STAFF:

Clinic instruction will be conducted by the coaching staffs from Bates College, Bowdoin College, Colby College, Husson College, and Maine Maritime.

COST/ PAYMENT:

- Pre-Registered \$25
- Day of Clinic \$30
- Make checks payable to BATES COLLEGE

CLINIC SCHEDULE:

12:00 PM Registration (Merrill Gymnasium)
 1:00 PM Warm-up and Testing (Speed and Agility)
 2:00 PM Offensive, Defensive, and Specialist Fundamentals
 4:30 PM Recruiting Information Session
 5:00 PM Clinic ends

HOW TO REGISTER:

- Complete the application/ consent form and mail by
- **JULY 1st** to the address below:
- CBB Football Skills Clinic
 Bates College Football Office
 130 Central Avenue
 Lewiston, ME 04240

PURPOSE:

To provide quality instruction in the basic fundamentals of football.

ELIGIBLE PARTICIPANTS:

Anyone entering grades 9 to 12

EQUIPMENT NEEDED:

- T-Shirt
- Shorts
- Sneakers and Cleats required

(Note: This is a non-contact clinic, no helmets will be used)

DIRECTIONS TO BATES COLLEGE:

Located on the back of this page.

QUESTIONS:

Contact Coach Mark Harriman

Phone (207) 786-6344

Email: mharrima@bates.edu

Detach here and mail this form in with fee.

CBB Football Skills Clinic Application (PLEASE PRINT)

NAME		ENTERING GRADE in Sept 2005	
ADDRESS			
CITY		STATE	ZIP CODE
HOME PHONE		HIGH SCHOOL	
/ / /		S / M / L / XL / XXL	
HEIGHT / WEIGHT	OFF POSITION /	DEF POSITION /	SPECIALIST POSITION T-SHIRT SIZE (CIRCLE ONE)

CBB Football Skills Clinic Parent/Guardian Consent Form

(Each participant must have their own medical insurance. No player will be allowed to participate in this clinic without insurance company and policy number information listed below, along with signature of consent.)

I approve of my child's attendance and participation at the CBB Football Skills Clinic. I understand that Bates College will not be held liable or responsible for accidents, illness, or dental expense incurred as a result of this clinic. My child is in good health and is able to participate in all clinic activities. I will notify the clinic of any medical complications. By signing this form I hereby give my permission for my child to be attended to by emergency personnel in case of an emergency.

Signature: _____ Date: _____

Insurance Company: _____ Policy #: _____

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DIRECTIONS TO BATES COLLEGE (Merrill Gymnasium):

Bates College is located 35 miles from Portland, 140 miles from Boston, and 340 miles from New York City.

- If traveling from the South: Interstate 95 North into Maine (Maine Turnpike North).
If traveling from the North: Interstate 95 South (Maine Turnpike South).
- Follow Interstate 95 (Maine Turnpike) to **exit 80** (Formally exit 13).
- If traveling from the South: **Left** off the ramp onto Alfred Plourde Parkway.
If traveling from the North: **Right** off the ramp onto Alfred Plourde Parkway.
- Go to the second traffic light and take a **left** onto Webster Street.
- Once you are traveling on Webster Street, go to the first traffic light and take a **right** onto Farwell Street (approximately 1 mile).
- Follow Farwell Street to the next traffic light and go **straight** through the intersection. When you go through the intersection, Farwell Street turns into Russell Street.
- Go **straight** through the next traffic light, and then get into your **left lane**.
- The parking lot for Merrill Gymnasium is a 1/4 mile on the **left** immediately after the outdoor track.
- **Merrill Gymnasium** is the building in the middle of the three that will be in front of you as you enter the parking lot. Enter the building from the pathway on the **right** side of Merrill Gymnasium as you walk toward campus.

TRAVEL TIME TO BATES COLLEGE:

Normal travel time is 2 ½ hours from Boston, 4 hours from Hartford, and 6 hours from New York City. Allow for extra travel time due to weekend vacation traffic.