



www.nescac.com

Dan Fisher
Assistant Director, NESCAC
100 Venture Way - Box 13
Hadley, MA 01035
P: (413) 587-2078
F: (413) 587-2167
daniel.fisher@trincoll.edu

FIELD HOCKEY All-Conference - Nov. 8, 2006

FOR IMMEDIATE RELEASE

NESCAC FIELD HOCKEY ALL-CONFERENCE TEAMS ANNOUNCED

McGowan of Williams Named Player of the Year

HADLEY, Mass. - Williams sophomore forward Meighan McGowan (Greenwich, Conn.) has been named the 2006 NESCAC Player of the Year. McGowan, the 2005 NESCAC Rookie of the Year, leads the NESCAC in points per game and is among the league leaders in most offensive categories. McGowan is only the second individual from Williams to earn Player of the Year honors this decade, joining former Eph Molly Jennings who won the award in 2002.

After a 2005 campaign where she ranked fourth in the league in points per game with an average of 1.68 through 19 outings (12-8-32), McGowan is averaging a NESCAC-best 2.38 points per game through 13 appearances so far this season, scoring nine goals and adding in 13 assists for 31 points, just one point shy of her final numbers from 2005. McGowan's offensive totals lead the Ephs this season once again, after she paced the attack last fall as a first year player. In addition to being named the 2006 Player of the Year, McGowan earned NESCAC All-Conference First Team honors for the second year in a row.

Joining McGowan up front on the 2006 NESCAC All-Conference First Team are Middlebury junior Reid Berrian (Westport, Conn.) and Bowdoin sophomore Lindsay McNamara (Milton, Mass.). For the second-straight year, Berrian came away with All-NESCAC First Team honors while leading the Panthers atop the score sheet, ranking third among all conference players this season with 26 points on 10 goals and six assists through 17 games. McNamara, one of five sophomores on this year's All-Conference First Team, followed up a breakout rookie season that saw her lead the conference in goals and points by repeating the feat in 2006. After she accumulated 33 points last season on 16 goals and one assist through 19 games in 2005, McNamara has collected 15 goals - eight having served as the game-winner for the 15-1 Polar Bears - and seven assists for a league-best 37 points.

A total of five midfielders earned NESCAC All-Conference First Team accolades this year. Wesleyan senior Courtney Tetrault (Hatfield, Mass.) received First Team honors for the second consecutive year, starting all 14 games for the Cardinals this season while leading her club with 14 points on three goals and eight assists. Tufts senior Stacey Watkins (St. Louis, Mo.) and Trinity sophomore Christine Mwaturura (Harare, Zimbabwe) stepped from the 2005 Second Team to the 2006 First Team. Watkins started all 16 games for the Jumbos this past fall, scoring four goals and six assists to place fourth among her teammates. Mwaturura accumulated six points on two goals and two assists while helping the Bantams post an unblemished 8-0 record at home in 2006. Receiving All-Conference honors for the first time in their careers were Middlebury junior Lacey Farrell (Greenwich, Conn.) and Amherst sophomore Alyssa Dudzik (Darien, Conn.). Both players started every contest for their squad this season, with Farrell netting six goals and five assists for 17 points through 17 games and Dudzik collecting her first career points at Amherst with five assists in 16 appearances.

Bowdoin junior Valerie Young (Concord, N.H.) and Williams sophomore Jess Overlander (New Canaan, Conn.) represented the defensive selections on this year's First Team. Young, who earned NESCAC All-Conference Second Team honors a year ago, has four assists while starting every game in the back so far this season for the Polar Bears. Young assisted on the lone goal in the final game of the 2006 NESCAC Field Hockey Championship to help Bowdoin earn its second-straight NESCAC title last weekend. Overlander is third among her Eph teammates in scoring, tallying nine goals and two assists for 20 points while starting all 15 games.

Bowdoin senior goalkeeper Kate Leonard (Eliot, Mass.) rounds out the 2006 NESCAC All-Conference First Team. Earning First Team honors for the third consecutive year, Leonard leads the NESCAC in multiple goaltending categories this season. Her 0.56 goals against average and seven shutouts are both league-bests while her .859 save percentage ranks second among conference goaltenders.

Tufts first year forward Michelle Kelly (Downingtown, Pa.) earned NESCAC Rookie of the Year honors. Kelly led the Jumbos in 2006 with 11 goals, five serving as game-winners, while ranking third among all NESCAC student-athletes and first among rookies in goal scoring.

Bowdoin head coach Nicky Pearson was the unanimous choice among the coaches for NESCAC Coach of the Year, earning the award for the second year in a row after guiding the Polar Bears to their second-straight NESCAC crown. It is the fifth time that Pearson has received the honor.

2006 NESCAC FIELD HOCKEY ALL-CONFERENCE

First Team

F	Reid Berrian *	Middlebury	Jr.	Westport, Conn.
F	Meighan McGowan *	Williams	So.	Greenwich, Conn.
F	Lindsay McNamara	Bowdoin	So.	Milton, Mass.
M	Alyssa Dudzik	Amherst	So.	Darien, Conn.
M	Lacey Farrell	Middlebury	Jr.	Greenwich, Conn.
M	Christine Mwaturura ^	Trinity	So.	Harare, Zimbabwe
M	Courtney Tetrault *	Wesleyan	Sr.	Hatfield, Mass.
M	Stacey Watkins ^	Tufts	Sr.	St. Louis, Mo.
D	Jess Overlander	Williams	So.	New Canaan, Conn.
D	Valerie Young ^	Bowdoin	Jr.	Concord, N.H.
GK	Kate Leonard *	Bowdoin	Sr.	Eliot, Maine

Second Team

F	Ilena Cassellas-Katz	Tufts	Jr.	Denmark, Maine
F	Erin Chandler	Bates	Jr.	Thornton, Pa.
F	Jill Mauer	Connecticut College	Jr.	Millbrook, N.Y.
F	Mary Clare Snediker ^	Colby	So.	New Canaan, Conn.
F	Katie Williams *	Connecticut College	Sr.	Selingrove, Pa.
M	Rachel Carr-Harris ^	Amherst	Sr.	Pleasantville, N.Y.
M	Julia King	Bowdoin	So.	Yarmouth, Maine
M	Ashley Sewell	Williams	Sr.	St. Louis, Mo.
D	Taryn Petrelli	Middlebury	So.	Harrison, N.Y.
D	Emily Skipp	Trinity	So.	Middlebury, Conn.
GK	Meghan McGillen	Middlebury	Sr.	E. Harwich, Mass.

Player of the Year: Meighan McGowan, Williams

Rookie of the Year: Michelle Kelly, Tufts

Coach of the Year: Nicky Pearson, Bowdoin

* - 2005 All-Conference First Team ^ - 2005 All-Conference Second Team