

New England Division III

Men's Track & Field and Cross Country Coaches Association

Event Records Outdoor Track & Field Updated May 2016

100 Meters	2010	Steve Headley	Springfield College	10.48
110 Meter Hurdles	2001	Ethan Barron	Middlebury College	14.28
200 Meters	2001	Stanley Egbor	Worcester State	20.94
400 Meters	1989	Mark Dunzo	MIT	47.44
400 Meter Hurdles	2013	Nathan Bruno	Emmanuel College	51.87
800 Meters	1985	Mark Beeman	Brandeis University	1:50.69
1500 Meters	1988	Bill Flannery	Amherst College	3:47.90
3000 M Steeplechase	1985	Steve Burbridge	Brandeis University	8:54.4
5000 Meters	1986	James White	S.E. Mass	14:28.01
10,000 Meters	2012	Dan Harper	MIT	30:20.42
400 Meter Relay	2009		Springfield College	41.51
1600 Meter Relay	1989		MIT	3:15.47
3200 Meter Relay	2016		Bowdoin College	7:39.02

Field Events

Shot Put	2013	David Pless	Bates College	59-9.75 (18.23)
Discus	2006	Dan Austin	Williams College	196-11 (60.02)
Hammer	2006	Uzoma Orji	MIT	205-9 (62.72)
Javelin	1999	Nick Guerrette	Springfield College	215-8 (65.75)
Old Rules	1984	Eric Brown	Coast Guard	235-3 (71.71)
Long Jump	2000	Robert Tyson	Wheaton College	24-11 (7.59)
Triple Jump	2001	Rahiem Greenridge	Wheaton College	49-7.75 (15.13)
	2015	Jamie Ruginski	Southern Maine	49-7.75 (15.13)
High Jump	2015	Steven Vasquez	Rhode Island College	7-0.25 (2.14)
Pole Vault	1994	Drew Orsinger	Coast Guard	16-6 (5.03)
Decathlon	1989	Bill Singhouse	MIT	6806

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